



2020

Department of Surgery
2020 ANNUAL REPORT

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Research Highlights

Contributions to COVID-19 research

STEM CELL CLINICAL TRIAL FOR A COVID-19 LUNG COMPLICATION



UC Davis Health scientists have joined a landmark multicenter clinical trial to test whether mesenchymal stromal cells help reduce inflammation in the lungs of patients with acute respiratory distress syndrome (ARDS), a primary cause of death in COVID-19 patients and others with the syndrome. Richard Calfee, M.D., M.B.A., F.A.C.S., the Department of Surgery's Vice Chair of Clinical Science and an associate professor, is co-managing participation in the phase III trial at UC Davis Health along with Theodor Albertson, M.D., M.P.H., Ph.D., chair of internal medicine and professor of pulmonology.

MSC cells have shown potential benefits for treating ARDS lung failure in the laboratory, and safety trials were completed in Asia and Africa. The current clinical trial will test if they can reduce inflammation and help damaged lungs to repair themselves.

Mortality among trauma patients is three times higher in those who develop ARDS than those who don't, and the mortality rate among COVID-19 patients with ARDS is at least 40%. Aside from

appropriate care with lung-protective ventilation, there are virtually no interventions that reduce mortality. The U.S. Department of Defense and the California Institute of Regenerative Medicine (CIRM) are sponsoring the trial, led by UCSF pulmonologists.

SURGERY OUTCOMES AND TIMING FOLLOWING SARS-COV-2 INFECTION

Dr. Calfee is also participating in international multicenter efforts to gain more information about outcomes — and optimal timing — for surgical procedures following COVID-19 infection.

The latest phase is the GlobalSurg cohort study conducted through the GlobalSurg Institute, a project of England's National Institute for Health Research agency. The study's phase reflects that data collection occurs over seven days.

Dr. Calfee is the principal investigator of the COVIDSurg Worldwide project examining the impact of COVID on surgical outcomes. Two earlier cohort studies through the organization — known as CovidSurg and CovidSurg-Outcome — captured outcomes on 46,000 patients across 1,000 hospitals in 16 countries. Those studies generally showed poor outcomes in patients

treated after COVID infection, but were limited by a lack of respiratory cooperation. The follow-on CovidSurg-Outcome study collects data about all elective and emergency patients having surgery, including cooperative data from those without SARS-CoV-2 or postoperative disease. The primary aim is to determine the optimal timing for surgery following infection, while also exploring risk prediction and the impact of COVID-free surgical pathways.

DEVELOPING COVID MOUSE MODELS

In August, the NIH also granted \$1.6 million to Dr. Kate Lloyd for an effort to create COVID mouse models for use in preclinical research at tables.



Minor and rats are not naturally infected by SARS-CoV-2, which enters human cells by attaching to ACE2 protein. Dr. Lloyd's program aims to create "humanized" laboratory mice through CRISPR-Cas9 technology, designed to precisely replace the genetic code for the mouse equivalent of ACE2 with the code for human ACE2. His team plans to do the same with other human proteins thought to play a role in COVID-19.

Early vaccine testing role



The Department of Surgery also had an early role in preclinical research through professor and UC Davis Mouse and VCI Program director Kate Lloyd, whose labs were the first at the university to begin testing on a potential COVID vaccine.

In late April, Northern California biopharmaceutical company Verastem Inc. announced that it would begin preclinical testing with the mouse program on immune response to the firm's vaccine, which also involves a dermal patch delivery system. Dr. Lloyd, together with Dr. Kristin Grunwald, amended an existing protocol for influenza to test the COVID-19 vaccine in rats, with university approval issued in less than 72 hours.

Verastem began initial testing of a flu vaccine at the Mouse Biology Program in 2017, with help from university programs that offer support and research access to startups.



Choosing UC Davis Health for your care

Information on the unique benefits of academic medicine

Choosing your UC Davis Health provider is as easy as 1-2-3

1

First, choose one of the many health insurance plans that we accept. You can view the list at our open enrollment website. ChooseHealth.ucdavis.edu.

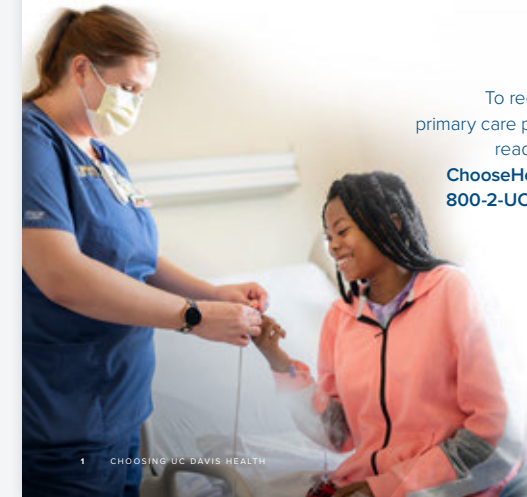
2

Next, choose us as your preferred medical group. (We may be listed as UC Davis Medical Group or as UC Davis Health in your materials).

3

Then choose your preferred UC Davis Health doctor, and contact their office to confirm. You can browse our physicians at ChooseHealth.ucdavis.edu, or call **800-2-UCDAVIS**.

To request a UC Davis Health primary care provider or to learn more, read on, visit our website at ChooseHealth.ucdavis.edu or call **800-2-UCDAVIS (800-282-3284)**.



Connecting you to remarkable discoveries and health expertise

Our health is precious. A key part of protecting it is choosing the right personal physician for our everyday care — someone who listens carefully to our health goals, and then delivers powerful knowledge and tools to help us achieve them.

Selecting a UC Davis Health primary care provider can give you the peace of mind that comes with a connection to the health expertise of a world-class public research university.

Our physicians and nurse practitioners offer patient-focused care and access to the resources of the region's only academic health system, such as:

- A wide range of nationally ranked medical specialties
- Leading-edge technologies, diagnostics and treatments
- Safe care, with rigorous pandemic safety guidelines, and telehealth video visits if you don't wish to leave home. See health.ucdavis.edu/coronavirus for more details.

Working together, we're proud to offer services for all of your health needs — from the most routine to the most complex.

WHAT'S INSIDE:

3 Your health care home base

Our primary care locations are "patient-centered medical homes," a model of well-coordinated care that empowers you and your physician to spend more time on your goals.

5 Everyday convenience for your busy life

Our primary care offices are located in 10 area communities from Auburn to Elk Grove, with conveniences such as online scheduling and urgent care appointments.

8 A team of renowned experts behind you

Choosing a UC Davis Health personal physician also means access to renowned specialty care and the latest health options.

9 Adult specialty care highlights

11 Maternity and pediatric care highlights

13 Support for your wellness goals

We offer a variety of quality-of-life resources.



A U.S. News & World Report best hospital in cancer, cardiology & heart surgery, ENT, geriatrics, nephrology, neurology & neurosurgery, orthopedics, pulmonology & lung surgery, and urology.



A U.S. News high-performing hospital in heart failure care, COPD, gastroenterology & GI surgery, TAVR, abdominal aortic aneurysm repair, lung cancer surgery and colon cancer surgery.



A U.S. News best children's hospital in neonatology, nephrology, orthopedics, and urology (with Shriners Hospitals for Children—Northern California).



OUTREACH

Writing for their lives

Workshop promotes recovery through pen and paper

CHERYL PALETZ, A RETIRED NURSE, HAS A TENDENCY TO "stuff it," to take the feelings that surge up inside and push them back down until she's riddled with anxiety.

So when her husband of 25 years, Gary Paletz, was diagnosed with acute lymphoblastic leukemia in May 2018, and when the chemotherapy he received in rural Oregon nearly killed him, something had to give.

"It's like, I have to get this out because if it doesn't come out, I don't do well," she says. "My stress and emotions are all over the place, and I feel lost and alone."

After some focused research, the couple found the UC Davis Comprehensive Cancer Center and oncologist Brian Jonas. Soon, they had packed up their lives, bought a fifth-wheel vehicle and moved onto a friend's property in Elk Grove. Gary is now undergoing intensive treatment



Cheryl Paletz, center, during Writing as Healing workshop session.

at UC Davis Health, which includes both inpatient and outpatient chemotherapy. And here they found help for Cheryl, too, in Writing as Healing, a free workshop of the Cancer Center's Supportive Oncology Program for anyone looking for a safe place to write whatever needs to be written.

Growing smiles,
happy hearts

UC DAVIS HEALTH | **CHILDREN'S HOSPITAL**

2018-19 Year in Review

children.ucdavis.edu

At a glance

Our state-of-the-art surgery center coupled with our world-class expertise helps us remain the only hospital in California with this verification.

Select highlights from UC Davis Children's Hospital

- This past year we were re-verified as a **level I Children's Surgery Center** by the American College of Surgeons (ACS), the world standard bearer for surgical quality. Our state-of-the-art surgery center coupled with our world-class expertise helps us remain the only hospital in California with this verification.
- Our pediatric surgical patient volume has grown. Since we opened our new Children's Surgery Center in fall 2018, we have seen a **strong increase in the number of children and families we have been able to serve**, particularly in pediatric heart and neurosurgery cases as well as medically complex cases.
- In February 2019, the UC Davis Pediatric and Cardiac Intensive Care Unit (PICU) received the **Silver-Level Beacon Award for Excellence** from the American Association of Critical Care Nurses (AACN). It is an honor that involves a rigorous certification process, ensuring institutions have a commitment to nursing excellence, building strong relationships between patients, and improving outcomes and overall patient care satisfaction.
- In fall 2019, we opened our **new Pediatric Aerodigestive Center**, exclusively designed to provide the best patient-centered care for ear, nose and throat patients throughout the region.
- Three photographs of patients and caregivers at UC Davis Children's Hospital were selected in the biennial Children's Hospitals Photo Exhibit — **the result of a national competition** administered by the Children's Hospital Association (CHA).
- Our program to honor organ donors and their families with a staff-led honor guard procession **expanded hospital wide**.
- UC Davis NICU nurse Christa Bedford-Mu was named **National Magnet Nurse of the Year for New Knowledge, Innovation and Improvement** at the 2019 American Nurses Credentialing Center National Magnet Conference. Created in 2010, the recognition is given to five nurses annually for their outstanding contributions in innovation, consultation, leadership and professional risk-taking.
- UC Davis Children's Hospital **hosted a Social Determinants of Health in the 2019 Children's Hospital Seminar**. It explored ways that health care professionals can provide support to patients and families in crisis.

5

6

children.ucdavis.edu

By the numbers

The Central Valley's only level I pediatric trauma center, with **117,473 clinic visits, 7,155 hospital admissions and 15,322 emergency department visits** per year.

The West Coast's first level I children's surgery center as verified by the American College of Surgeons, with **4,575 children's surgeries** this year.

Nationally ranked in **5 specialties**: neonatology, nephrology, pediatric diabetes and endocrinology, orthopedics, and urology

Designated children's hospital beds

- Neonatal Intensive Care Unit (NICU) — **49**
- Pediatric and Cardiac Intensive Care Unit (PICU) — **24**
- General Pediatrics — **48**
- Pediatric Emergency Department — **11**
- Children's Surgery Center — **6** operating rooms, 1 procedure room, **24** pre-op/post-op beds.

120 physicians

Provides care for children in **33 counties**, covering **65,000 square miles**, with over **3,157 transfers** (the region's greatest diversity of pediatric subspecialties) accepted from referring institutions.

850 members of our all-RN nursing staff have been trained to care for children

- Granted **Magnet** recognition status by the American Nurses Credentialing Center
- 88%** of UC Davis nurses hold a B.S.N. degree or higher
- 12%** hold advanced degrees
- 50%** of UC Davis nurses have obtained a specialty certification through the American Nurses Credentialing Center

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If it weren't for the high-quality care we received from the compassionate, kind and dedicated staff we would not have the blessed life we have with our beautiful daughters now.

GREG AND LUCIA WALKER, PARENTS OF IDENTICAL TWINS SOPHIA AND ISABELLA WALKER WHO WERE BORN MANDIBULOCEREBROTRUNCUS (MCDONALD'S) A RARE CONDITION THAT AFFECTS 1 IN 10,000 PREGNANCIES

UC DAVIS HEALTH

My birth plan



As the Sacramento region's only nationally ranked academic health center and Sacramento's No. 1-ranked hospital, we're honored to offer extraordinary expertise and experience for every stage of your pregnancy journey.

health.ucdavis.edu/birth-center

At UC Davis Health, we realize that every woman's birth experience is unique. We understand each woman and her family may have different preferences during labor and delivery and we strive to honor these preferences.

Like you, we share the common goal of a healthy mother and a healthy baby, but some pregnancies are higher risk than others and may require more interventions. These interventions may include continuous fetal monitoring, induction of labor or a cesarean section. It's important to have an ongoing discussion with your OB doctor regarding the risks you may face with your pregnancy or during your labor. Your doctor will help you understand the risks and benefits of some interventions that may be necessary to keep you and your baby safe.

The following form can help you communicate your wishes to your labor and delivery team. Please review this form with your doctor and then bring this information with you to the hospital to be shared with your care team.



My birth plan

Name _____
Due date _____

We understand each woman and her family may have different preferences during labor and delivery and we strive to honor these preferences.

Pain management

Environment

Your labor support team (please name): _____

- Limit number of people in my delivery room
- Dim the lights during labor
- I plan to bring music from home
- I plan to bring essential oils/aromatherapy (Please note that items with an octane rating are not permitted)

Diet

IV (intravenous) access is recommended in case of emergency

- I would like to receive intravenous fluids during labor
- I would like my IV to be capped when I am not using it to keep myself hydrated by drinking water
- If it is safe, I would like to eat and drink during labor (less than 4 cm)

Labor

- If possible, I would like to have my labor at home
- If it is safe, I prefer to labor in the hospital
- If safe and possible, I would like to have my labor in the hospital

After the birth

- Please do not give my baby:
 - Vitamin K shot
 - Antibiotic eye treatment
 - Sugar water
 - Formula
 - A pacifier
 - Hepatitis B vaccine
- I would like to breastfeed
- I would like to see the lactation specialist
- I would like to donate my placenta for cord blood collection to the public cord blood bank or to research
- I am planning to bank my baby's cord blood for personal use. I will bring the kit to the hospital
- I would like to take my placenta home with me

Cesarean birth preferences

Although a vaginal delivery is the goal for most uncomplicated pregnancies, some women will deliver by cesarean section. If this need arises for you, please indicate your preferences.

- I would like my partner to remain with me at all times
- I would like my partner to stay with me at all times
- I would like to ask my anesthesiologist if the drape can be lowered so that I can watch the birth of my baby
- If safe for my baby, I would like delayed cord clamping in the operating room
- I would like my baby placed directly on my chest (skin-to-skin) in the operating room if we are both doing well
- I would like to hold my baby skin-to-skin during the recovery period

Some decisions before and during labor may affect your risk of cesarean section. It is important to have an ongoing discussion with your OB doctor during your prenatal visits. The following are common discussion points:

- Admission to Labor and Delivery in active labor (4 to 6 cm) improves your chances of having a vaginal birth, as opposed to being admitted in early labor (less than 4 to 6 cm)
- Our labor nurses are specially trained to coach you through your labor using a variety of techniques, positions, and medications. Your nurse will assist you and your family with techniques that can potentially help you cope with pain and increase your chance of having a vaginal delivery. Some of these techniques include the use of a birthing ball, a peanut ball or a rebozo. Your nurse can also help you with strategies to remain mobile and upright during labor
- You may choose to have additional labor support by a trained caregiver called a doula (which can increase the likelihood of a vaginal delivery). However, we do not provide doula services and we do not have a referral list, but you may hire a doula if you wish
- Techniques to manage labor pain

UC DAVIS
HEALTH


Farmers Market

WEDNESDAYS ■ MAY 1 – OCTOBER 30 ■ 3–7 P.M.
AT THE CORNER OF 45TH AND X STREETS

Join us for the Farmers Market at UC Davis Health, operated by Sacramento NeighborWorks®. Featuring vendors offering seasonal fruits and vegetables, specialty items and freshly prepared foods. EBT/WIC accepted.


Learn more at health.ucdavis.edu

 Farmers Market at UC Davis Health

 @FarmersMarketUCDH



Visit the **ALL-NEW** Farmers Market at UC Davis Health



FARMERS MARKET

WEDNESDAYS ■ MAY 1 – OCTOBER 30 ■ 3–7 P.M.
AT THE CORNER OF 45TH AND X STREETS





UC DAVIS
HEALTH

Birthing Suites Tour Every Sunday at 4 p.m.

No registration required. To verify that a tour is scheduled—especially around the holidays—call us at 916-703-3030.

Learn more about our:

- Nationally ranked care and obstetrics experts
- Private, comfortable birthing suites
- Birthing plan choices and partnerships
- Extensive support services before and after delivery



Join us on a nurse-led tour of our birthing suites and see what UC Davis Health has to offer.

We know your pregnancy, labor and delivery are extraordinarily special — and personal — moments.

That's why at our birth center we're honored to partner closely with you on your goals, while providing extraordinary expertise for you every step of the way.

Where does the tour begin?

Please meet us at the information desk located at the hospital main entrance, Pavilion lobby area.

UC Davis Medical Center
2315 Stockton Blvd.
Sacramento, CA 95817

To learn more about UC Davis Health and our maternity services, visit health.ucdavis.edu/birth-center.

Parking information

The hospital's main entrances and parking areas, including long-term parking, are located off X St. The best option is to park in Parking Structure 3, located near the X street entrance.

Parking is \$2 per hour (or a fraction thereof) with a \$12 daily maximum. Cash or credit cards are accepted. For additional information on parking, please visit health.ucdavis.edu/parking.



UCD Birthing Suites & Women's Pavilion

2017 Tour Schedule

Tours of the Birthing Suites will take place every Sunday at 4:00 PM.

Patients will meet at the Pavilion Lobby Information desk, near the main entrance to the hospital.

Parking is not validated, and the parking fee is \$2.00 per hour. The best options for parking are Lot 3, near the X street entrance, or one of the parking structures.

There is no need to pre-register.

World class care for older people

Vision: To create the healthiest and highest-functioning older adult population in Northern California due to the care, research and innovation at UC Davis Health.

Mission: UC Davis Health promotes healthy aging through an integrated approach across the lifespan and all care settings:

- Providing age-friendly care
- Supporting family caregivers
- Leveraging cutting-edge research
- Integrating technology for independent living
- Educating the next generation of clinicians through degree programs, fellowships and certifications

Immediate Actions

- ✓ Lead a culture shift at UC Davis Health to focus on improving health of older adults across the entire enterprise of this health system
- ✓ Hire a cohort of interprofessional geriatric specialists, including physicians, advanced practice providers (NPs and PAs), nurses, psychiatrists, pharmacists and more.
- ✓ Open a new clinic for comprehensive, older-adults' care, including primary care, cognitive care, social workers case management and Family Caregiving Institute services
- ✓ Establish a geriatric fellowship program that intersections with cognition, hospice and palliative care and geriatric psychology

Settings of care



The CTSC was one of 12 inaugural centers funded by the NIH Clinical and Translational Science Award program and has been continuously funded since 2006. Our work includes:

Supported **3,545** research projects



CTSC-sponsored events:

- Biostatistics
- Clinical research best practices
- Clinical research ethics
- Community engagement
- Grant writing
- Healthcare quality
- Qualitative health research
- Regulatory issues
- Research resources
- Research careers
- Science communication



1,213 publications that acknowledged the CTSC grants

CTSC has supported UC Davis investigators from:

- 68 departments and divisions
- 22 centers
- 5 schools
- 4 colleges

CTSC programs include:

Research Ethics

Helps support ethically complex aspects of biomedical research throughout the life of research projects to ensure a commitment to safety and a high degree of research ethics at the institutional level.

Trained **182** scholars in Research Ethics
98% completed 1 year of graduate curriculum

Biostatistics, Epidemiology and Research Design

Strengthens research plans through the development of protocols, statistical plans, data safety monitoring plans and data analysis.

Support for grant applications, research protocols, and publications

Assisted **649** researchers through **1,015** office hour appointments

Clinical Research Center



Provides resources for patient-centered research focusing on human health and disease. Our staff is trained in compliance and research subject protection, ready to accommodate special patient populations, and can implement unique protocol administration tools.

616 studies across all stages of the human lifespan and a wide range of diseases

Biomedical Informatics

Delivers resources to advance data-driven solutions, precision medicine, population health and technology-enabled approaches to clinical and translational research.

2,651,786 UC Davis Health medical records available for investigator queries through the Cohort Discovery Tool

Access to **40 million** medical records from institutions across the United States

The Virtual Biospecimen Discovery (VBD) Tool facilitates collaboration by a searchable database containing **313,444** samples from 15 species*

*Including human, equine, canine, feline, bovine and avian.



Clinical Trials Office

Assists investigators in the conduct of clinical research by guiding and educating teams through local, state and federal requirements. A highly trained staff of clinical research coordinators can help monitor, mentor and foster quality assurance through all phases of a clinical research protocol.

Provided **16,215** hours of professional support to **136** research studies

The CTSC-sponsored recruitment website has received:

575,546 views

10,252 potential study participants

1,419 participants enrolled

Research Education and Career Development

Hosts a wealth of opportunities in workforce training and education for early career faculty and pre- and post-doctoral personnel involved in clinical and translational research.

38 KL2 early career faculty scholars

110 T11 pre- and post-doctoral trainees

115 MCRTP scholars

194 FUTURE graduate students and post-doctoral fellows

Community Engagement

Offers a collaborative link between investigators and the community by helping researchers build relationships with community partners, California health agencies and elected officials to discuss health and health care related issues.

1,100 participants in more than **23** California counties were trained in the principles of cultural competence

Translational Resources

Supports collaborative scientific endeavors by facilitating access to robust research paradigms, technologies, resources and tools, and fostering partnerships that enhance team science.

Funded **205** pilot awards with **540** trainees

UC DAVIS CHILDREN'S HOSPITAL BY THE NUMBERS

The Central Valley's only level 1 pediatric trauma center, with **123,631 clinic visits**, **7,884 hospital admissions** and **16,320 emergency department visits** per year.



The West Coast's first level I children's surgery center as verified by the American College of Surgeons, with **4,329 children's surgeries** this year.

Nationally ranked in **5 specialties**: neonatology, nephrology, pulmonology, orthopedics, urology

DESIGNATED CHILDREN'S HOSPITAL BEDS

- Neonatal Intensive Care Unit (NICU) – 49
- Pediatric and Cardiac Intensive Care Unit (PICU) – 24
- General Pediatrics – 48
- Pediatric Emergency Department – 11
- Children's Surgery Center – 6 operating rooms, 1 procedure room, 24 pre-op/post-op beds

120 physicians

across more than 30 subspecialties (the region's greatest diversity of pediatric subspecialties)

Provides care for children in **33 counties**, covering **65,000 square miles**, with over **2,900 transfers** accepted from referring institutions.

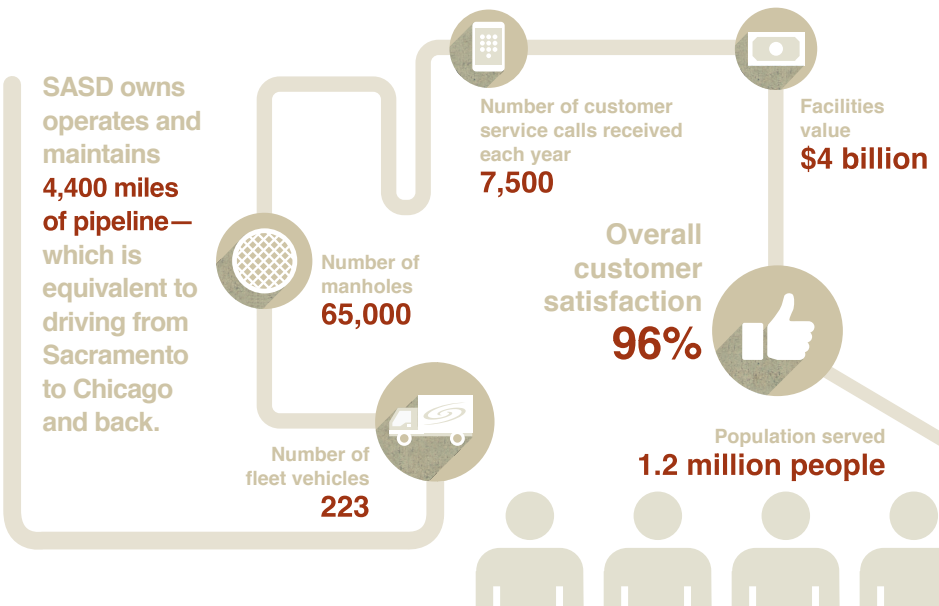
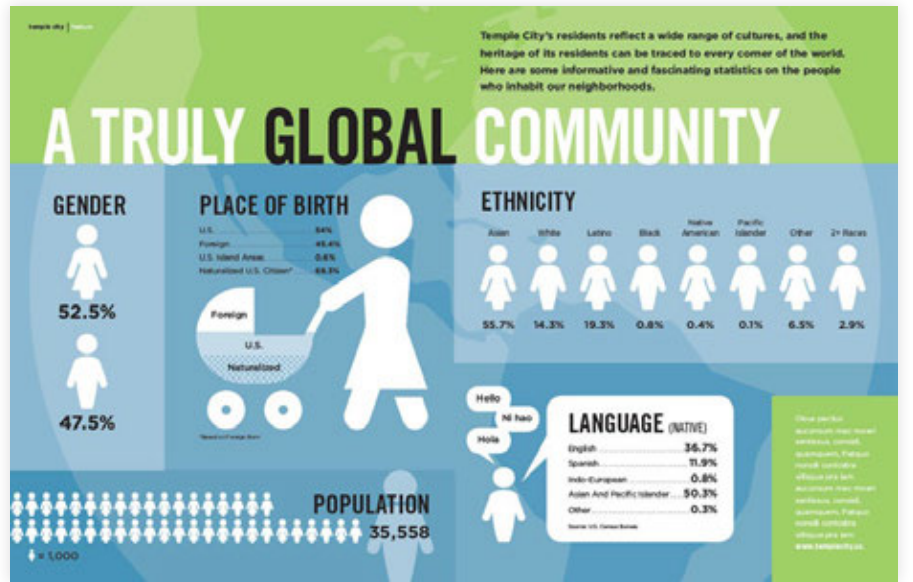
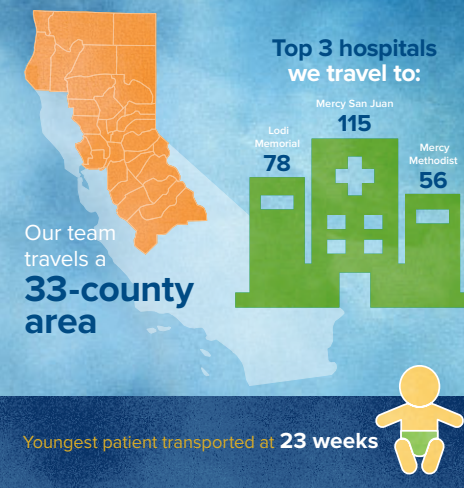
850 members OF OUR ALL-R.N. NURSING STAFF HAVE BEEN TRAINED TO CARE FOR CHILDREN

- Granted **Magnet**® recognition status by the American Nurses Credentialing Center
- **84%** of UC Davis nurses hold a B.S.N. degree or higher
- **14%** hold advanced degrees
- **50%** of UC Davis nurses have obtained a specialty certification through the American Nurses Credentialing Center

UC DAVIS CHILDREN'S HOSPITAL Critical Care Transport Team in Action

Children's Hospital Critical Care Transport team consists of **12 dedicated nurses** that transport pediatric patients from referring facilities to UC Davis Children's Hospital.

We also have a team of **10 NICU transport nurses** that CCT partners with to transport neonatal patients to the UC Davis NICU from referring facilities.



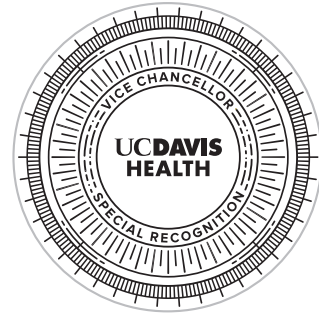
UCDAVIS
HEALTH

ROCK
the
BALD

KEATON'S
**Child Cancer
Alliance**

**St. Baldrick's
FOUNDATION**
Conquer Childhood Cancers

MONDAY, MARCH 11, 2019
11 A.M. – 1 P.M. UC DAVIS COMPREHENSIVE CANCER CENTER
GIVE OR FORM A FUNDRAISING TEAM AT UCDAVIS.HEALTH/STBALDRICKS



HOPE

Love
& a
fighter

22ABACKWARD



This logotype was featured in the January/February 2019 issue of *Communication Arts*.

Bassackward Press is a small garage letterpress workshop that explores the intersection of design and historical print techniques. Both the name and the identity reference the art of letterpress by visually playing on to the process of setting antique metal type by hand, letter by letter, in reverse. The typographic solution with select letterform reversal simultaneously reads as both bassackward or assbackward, playfully imbuing the care one must take when composing type manually.



SACRAMENTO

CALIFORNIA



THIS IS *my* kind of Place

ROB ON THE ROAD
page 12

10 WAYS TO CURE SPRING FEVER
page 6

FOOD TRUCKS ROAM OR STAY HOME
page 14

WHERE THE WILD THINGS ARE
page 22

SACRAMENTO
CALIFORNIA BEGINS HERE



The microbrewery scene exploded in the Sacramento region, spawning a raft of distinctive and fierce independent new establishments. They range from bare-bones production spaces to swanky venues with restaurants. They offer beer aficionados everything from freshly pale wheat ales and pilsners to German-style Doppelbock.

Track 7 Brewing Co.



This no-frills, warehouse-inspired facility (with granite tables, industrial roll-up doors and an undeniable dose of conviviality). In addition to its rotating lineup of craft beers, the brewery also invites food trucks to park on the site Thursday through Saturday nights. Bring the appetite for a key piece of craft, or a group of pals for a casual, fun night out. It's dog friendly, too! 3277 W. Pacific Ave., #P (916) 930-9777, track7brewing.com

Robison Brewing Co.



A well-loved Midwestern institution, Robison offers a sturdy and appealing menu of beer-friendly items to complement its selection of brews. Grab a seat on the brewery's festive outdoor patio and grab a refreshing pint of Monkey Kick Fight pale ale along with a plate of Robison's famous hand-delicately sauced hot wings. 2501 Capitol Ave. (916) 445-7932, robisonbrewing.com

New He勃bia Brewing Co.



This new batch brews on. From stout to a wide array of ethnic restaurants. Old world and historical seasonal character to the space, and very undeniably done full. Bring The Bohemian talent to pair with Bohemia's captivating. Thursday IPA or a popular sampling trip 4730 Broadway, (916) 496-9889, newhebrewbrew.com

Hiver City Brewing Co.



Arid ale approach City's like the love. Hiver, a high-cal, bustling offers a wide array of seasonal beer and creative food menu (think the crispy eggplant Napoleon). The outdoor dining area is a great option on warm days. 541 Downtown Plaza, #115 (916) 474-2720, rivercitybrewing.net

More about microbreweries online at sacramentovisitorsguide.com



CELEBRATING SACRAMENTO'S *Culinary bounty*



This special engaging feature introduces some of the many people who are a part of the region's farm-to-fork landscape.



DRINK & CLASS Whip up your own seasonal salad to a cooking class. From fresh and local. Mizzani (mizzanisushi.com) to spring seasons at the Sacramento Natural Foods Co-Op (sacramentofoods.com) and farm fresh meals at Good Eats (goodeatsoakids.com), there's something for every budding chef.



HIT THE STREETS Our region boasts several options that allow visitors to enjoy local tastes and sights on foot or bike. Local Roots Food Tours (local-roots-tours.com) offers detailed culinary walking trips for foodies. Beer fanatic on pedal for chutz press on board the new The Beer Bike (beerbikes.com)



TRAVELING WELCOME UP-POCK DINNER CHEF JASON POOLE



From hops to glass

In America's Farm-to-Fork Capital, it's not just forks that are seeing all the fresh-food action. Our pint glasses are getting into the game, too, thanks to an exploding local beer scene. Local brewer Rubstaller is putting the region on the map, producing beer in homage to Capt. Frank Rubstaller, a Sacramento brewing pioneer whose 19th-century legacy is the basis for the modern Rubstaller brand. "We grow beer," says General Manager J-E Paine. "Sacramento has the potential, historically, to claim a very unique place within the craft beer world. We do again."

Rubstaller's hops and barley are 95 percent California-grown. Thirsty visitors can sample the results at restaurants and pubs all over town, or at the brewer's downtown tasting room at 430 K St. (hours are limited). rubstallerbeer.com

Hotel dining should be anything but boring, and Executive Chef Jason Poole of the Hyatt Regency Sacramento is working hard to prove that, both for city guests and area residents coming in for dinner.

Poole, a South Carolina native, honed his skills in Southern kitchens from Atlanta to Miami before being drawn to the year-round growing climate of the Golden State. After helping to open the Park Hyatt Aviara Resort in Carlsbad, he jumped at the momentous opportunity to Sacramento. During his first year with the Hyatt Regency in California's capital city, Poole led his master restaurant, L'Orange, to a prestigious AAA Four Diamond Award. He credits the state and the region's amazing seasonal ingredients as key to his success.

"You have the potential to be a better chef in California," says the chef. "You can be more creative. You're not just limited to working with apples in the wintertime."

Poole has extended that creativity to the hotel's banquet service, modifying the "typical" system and doing away with the hot boxes that often are used to keep meals warm before they're served to large groups. Instead, he has assembled an expansive, certified preparation team that prepares plates in an assembly-line format, ensuring that the meals are fresh and delivered to the diner quickly after the last garnish is added.

"Banquet meals are just exceptional service served in Downtown," he says. "Every guest deserves restaurant-quality meals when they eat here." Downtown at the Hyatt Regency Sacramento 1400 L Street, (916) 314-3600, sacramento.hyatt.com

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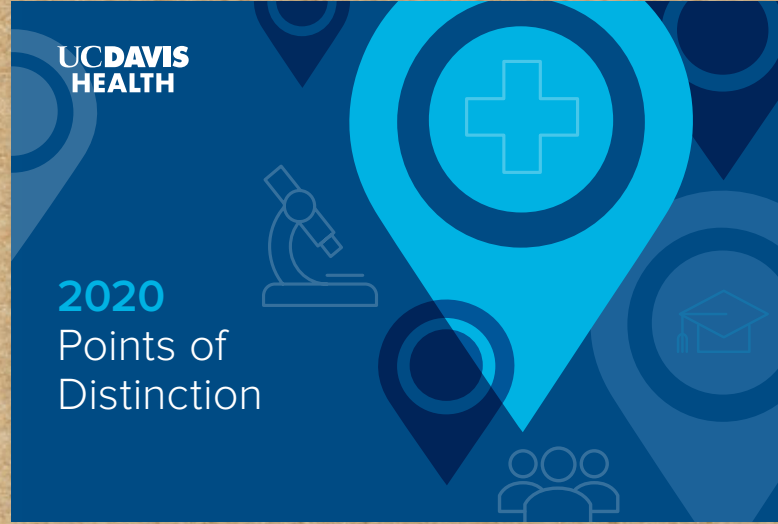



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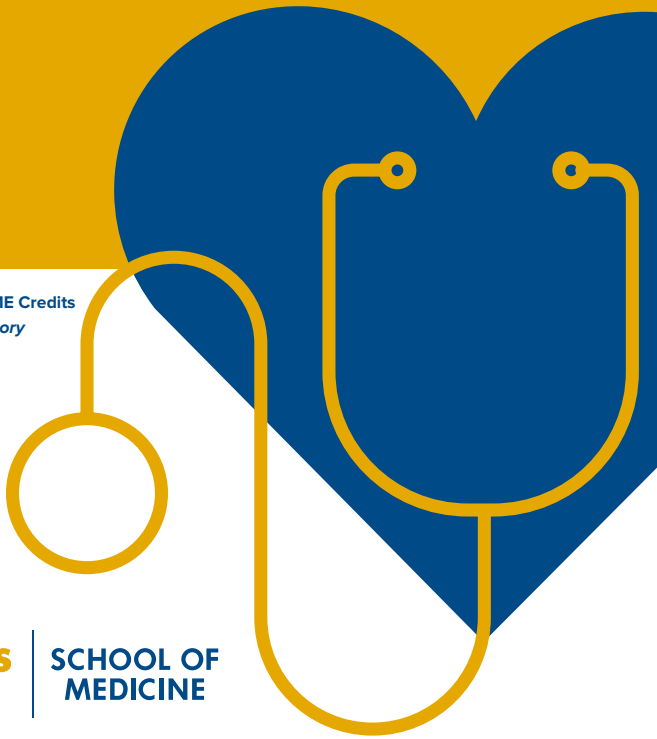


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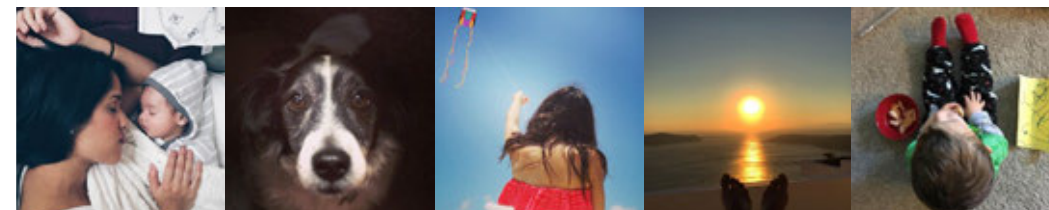
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